

The Elementary School Years

Elementary School Years

- There is a progression:
 - Physically
 - Cognitively
 - Emotionally
 - Socially
 - Psychologically

A Solid Base of Knowledge is Very Useful

Psychosocial Issues

- School
- Peers
- Manipulation/Power Struggles
- Self-esteem
- Impact on diet on family life

Age Appropriate Education

- Anatomy
- Biology
- Biochemistry
- Genetics
- Diet for Life

Nutrition Education

- *Modified Food Pyramid*
- Supermarket
- Dramatic Play
- Role Playing
- ABC's

Genetics - Education

- Ways we are alike / Ways we are different
- Thumbprint people
- Personalized Disk
